



# Los Angeles Child Guidance Clinic

*A nonprofit community-based agency which has served the needs of children and families in Central and South Los Angeles since 1924. For more information, visit our website at [www.lacgc.org](http://www.lacgc.org)*

## UNIVERSITY PARK OFFICE

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Los Angeles, CA 90007

Ph. (323) 373-2400

ADMINISTRATION AND FINANCE

Fax (323) 766-2370

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Fax (323) 373-2425

THE JACK H. SKIRBALL CENTER FOR EARLY

CHILDHOOD DEVELOPMENT

Fax (323) 373-2442

HUMAN RESOURCES

Fax (323) 373-1946

LIFE LEARNING

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## EXPOSITION PARK OFFICE

THE HARRIET AND CHARLES LUCKMAN BUILDING

3787 S. Vermont Avenue  
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## LEIMERT PARK OFFICE

4401 Crenshaw Blvd. #300  
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## ACCESS TO VOICE-MAIL

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(323) 766-2360



Elizabeth W. Pfromm, M.S., MPA  
President/CEO



A Short Doyle Mental Health Services  
Contractor of the  
County of Los Angeles

Affiliate of USC Keck School of Medicine,  
Division of Child and Adolescent Psychiatry

Accredited by  
The Rehabilitation Accreditation Commission  
for Job Development and Placement Services

A nationally designated  
"Trauma Informed Organization" by the  
National Council for Behavioral Health

February 18, 2016

Robin Kay, Ph.D.

Chief Deputy Director

Department of Mental Health

550 South Vermont Avenue, 12<sup>th</sup> Floor

Los Angeles, CA 90020

Dear Robin:

The December 14, 2015, "Foster Youth: Updated Treatment & System of Care Overview" on the issue of trauma and foster care children was an important building block in laying the foundation for raising awareness across disciplines and stakeholder organizations and providers. Please know how committed L.A. Care Health Plan and Los Angeles Child Guidance Clinic are to advancing training initiatives in support of recognition of trauma exposure and early intervention.

Distributed at the December convening was a flyer about a March 23, 2016 training (see attached flyer). The focus of this one-day conference is a clinical one which will educate about and raise awareness of how a child's developing brain is impacted by early trauma exposure. The conference's keynote speaker, Dr. Connie Lillas, is a national expert on early childhood trauma. Of significance, participants will learn about brain development and the neurological and developmental effects of exposure to adverse early experiences including child maltreatment, domestic violence, community violence, and/or parent/caregiver mental illness, and substance abuse.

With a solid foundation on the subject of an infant's developing brain and toxic stress, participants will learn about the real-world outcomes of *undiagnosed/untreated early trauma* during two afternoon panel discussions. Highlighted populations will be "Young Men of Color" and "Women with Early Trauma Histories." Both populations are/or have been disproportionately DCFS-involved or at risk for involvement.

We would welcome your distribution of the attached flyer to those who can benefit from the March 23, 2016 training.

Sincerely,

Elizabeth W. Pfromm, M.S., MPA  
President/CEO

cc: Dr. Clayton Chau



**Los Angeles  
Child Guidance  
Clinic**



**L.A. Care**  
HEALTH PLAN®

# **A Child's Developing Brain and the Impact of Trauma Across the Lifespan**

**A One-Day Conference Co-Sponsored by**

**Los Angeles Child Guidance Clinic and L.A. Care Health Plan**

**Wednesday, March 23, 2016**

**8:00 am Registration**

**8:45 am Conference**

**St. Sophia Cathedral-Huffington Center**

**1324 S. Normandie Ave,  
Los Angeles, CA 90006  
(Free Parking On-Site)**

**Light breakfast and box lunches is will be  
provided.**

**Early Registration (before 2/29/16): \$99**

**Standard Registration: \$115**

**Continuing Education: \$15\***

**Continuing Medical Education: \$15\*\***

**Morning Session & Keynote Speaker:**

**"The Developing Brain and Very Early Trauma  
Exposure"**

**Connie Lillas, PhD, MFT, RN,**

**Afternoon Panel A:**

**"Young Men of Color"**

**Paco Retana, LCSW, &**

**Robert Hernandez, MSW**

**Afternoon Panel B:**

**"Women and Undiagnosed Trauma"**

**(Speakers pending final Confirmation.)**

This intermediate level training will utilize theory and practice from Dr. Connie Lillas, and other experts to help participants describe key physical changes in prenatal and infant brain development, and explain foundational interaction between brain development, arousal states, stress responses, and attachment patterns. Additionally, this workshop focuses on the physical and mental health effects of Adverse Childhood Experiences (ACEs) and how these effects can be ameliorated by neuroplasticity and positive relationships. Importantly, the afternoon sessions will provide current research and knowledge on the deleterious effects of undiagnosed and untreated trauma on affected youth and adults. In public behavioral healthcare up to 90% of clients have experienced trauma.

**Visit [tiny.cc/ImpactofTrauma](http://tiny.cc/ImpactofTrauma)**

**for Online Registration, Updates, Schedule, and Learning Objectives**

Contact **Michelle Salazar** via email, [msalazar@lacgc.org](mailto:msalazar@lacgc.org) or by phone, (323) 373-2400 x3330



# A Child's Developing Brain and the Impact of Trauma Across the Lifespan

## REGISTRATION FORM

**PLEASE PRINT CLEARLY:**

**NAME:** \_\_\_\_\_

**AGENCY:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

(for confirmation)

**ADDRESS:** \_\_\_\_\_

**CITY/STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **FAX:** \_\_\_\_\_

**LICENSE #:** \_\_\_\_\_

**PAYMENT METHOD: CHECK OR CREDIT CARD**  
**CREDIT CARD**

**NAME:** \_\_\_\_\_

(as appears on card)

**CARD NUMBER:** \_\_\_\_\_

(VISA, MASTERCARD, DISCOVER)

**BILLING ADDRESS:** \_\_\_\_\_

**ZIP:** \_\_\_\_\_ **CARD TYPE:** \_\_\_\_\_

**EXP DATE:** \_\_\_\_\_

**CVC** (last three digits on back of card): \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_

I accept the Total Due below billed to my charge card. If I am paying for multiple registrants I will write the Total Amount to be billed to me instead.

☐ **Early Bird: \$99 (before 2/29/16)**   ☐ **Regular Fee: \$115**   **AND**   ☐ **CE or CME: \$15**

If you are a Licensed Psychologist, Licensed Marriage & Family Therapist, Licensed Clinical Social Worker, Licensed Professional Clinic Counselor or Licensed Educational Psychologist, or if you are a Medical Doctor, Physician Assistant, Nurse Practitioner, or Registered Nurse, and would like to receive CONTINUING EDUCATION CREDITS please check and circle "CE or CME" above.

\*Please make checks payable to Los Angeles Child Guidance Clinic.

\*\*If check is not enclosed, please write "check to follow".

\*\*\*Registering serves as a placeholder; seat is not guaranteed until payment is received.

\*\*\*\*10% administration fee will be charged for cancellations and check or credit card refunds, which must be submitted in writing at least one week prior to training.

No refunds or transfer credits for cancellations made within one week of training.

**TOTAL DUE: \$** \_\_\_\_\_

\*CE: This training meets the qualifications for 6 hours of continuing education for licensed psychologists, licensed marriage and family therapists, licensed clinical social workers, licensed professional clinical counselors, and licensed educational psychologists as required by the California Board of Behavioral Sciences (CE provider #PCE3929) and the California Board of Psychology. If you arrive past 8:45 am or leave early, no CE credits will be given. The Los Angeles Child Guidance Clinic is approved by the American Psychological Association to sponsor continuing education for psychologists. The Los Angeles Child Guidance Clinic is the sponsor of this program and maintains responsibility for this program and its content.

\*\*CME: L.A. Care Health Plan is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. L.A. Care Health Plan designates this live educational activity for a maximum of 6 AMA PRA Category 1 Credits™. L.A. Care Health Plan Provider Continuing Education Department maintains responsibility for this program and its content. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Retain this certificate form for SIX years. L.A. Care Health Plan is an approved Continuing Education Provider (CEP13731) by the California Board of Registered Nursing. L.A. Care Health Plan designates this live educational activity for a maximum of 6 hours of continuing education credits. L.A. Care Health Plan Provider Continuing Education Department maintains responsibility for this program and its content. You must retain this certificate for FOUR years."